Coherence and quasistable states in a strong infrared field

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We study the quasistability of UV-pulse-train-excited H atoms in a strong infrared (IR) laser as a function of the phase delay of the UV pulse train relative to the IR laser. The UV pulse train contains two frequency components. When the two components have frequencies separated by two IR photons, the population of surviving electrons is modulated by up to ten percent. When electrons are excited to right above or below the threshold, the survival probabilities have inverted phase delay dependence, which can be explained classically. When the two frequencies are one IR photon apart, the angular symmetry of the quasistable electrons is broken, and the asymmetry is also controlled by the phase delay. The asymmetrical distribution can be observed while the IR is on and smoothly evolves to a nonzero asymmetry that only weakly depends on the duration of the IR field.

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I. INTRODUCTION

When laser-excited atoms are exposed to an intense microwave or laser field, a certain fraction will be trapped in highly excited states for a long time [1–5], leading to their classification as quasistable states. Classically, the electrons in quasistable states derive their stability through orbiting in a weakly bound trajectory where they have little chance to absorb enough energy to escape [3,4,6]. These quasistable states can be studied spectrally and a series of survival peaks can be detected [2,3]. These peaks are formed because electrons at the correct initial energy can reach the quasistable states through multiphoton transitions, while other initial energies will lead to ionization because the electron cannot reach the quasistable state by absorbing integer number of photons.

As is well known, the properties of an excited electron wave packet in an intense infrared (IR) field will differ depending on whether it was created by a single ultraviolet (UV) pulse or a train of them [7]. The properties of electrons excited by a single UV pulse are mainly determined by the IR intensity and frequencies. However, the behavior of electron wave packets produced by a UV pulse train is also affected by coherence, such as the large peak-to-peak modulation observed experimentally [7]. The coherence, timing, and varied energy of electrons could be controlled independently by changing the properties of the UV pulse train. A recent experiment can be seen in Ref. [8] for Li atoms in a microwave field, where they observed modulation of the population of weakly bound electrons by changing the delay in the pulse train and the detuning relative to threshold. Studying these features surely provides a novel, powerful tool to explore strong-field interactions [7,9].

In this paper, we numerically study the survival probability of H in quasistable states as a function of the phase delay of a UV pulse train relative to an intense IR laser. The system is similar to the experiment [8], while we replace the microwave field by an intense IR field. The UV pulse train is created by combining two UV lasers with frequencies $\omega_1$ and $\omega_2$, as shown in Fig. 1(a). The phase delay between the pulse train and the IR laser is controlled by changing the initial phase of the two UV lasers. In our simulation, the two UV lasers are treated as two separate sources of excitation due to the linearity of the Schrödinger equation. Thus, a modulation by coherence in the survival probability is expected if the surviving electrons from each source have the same quantum numbers. This is satisfied when the two UV frequencies are separated by two IR photons ($\omega_2 - \omega_1 = 2\omega_{IR}$), since the wave packets that reach the quasistable states will have the same even or odd parity [10]. In this case, a modulation of the population of weakly bound electrons is observed and is closely related to the phase delay. The peak-to-peak modulation in the survival probability varies for different launch energies. The launch energy is defined as the initial energy of electrons excited by the UV laser with frequency $\omega_1$. When the launch energies are right above and below the threshold, the modulations are phase inverted, which is the same as the experimental result in Ref. [8]. When the two UV frequencies are only one IR photon apart ($\omega_2 - \omega_1 = \omega_{IR}$), no coherence in the survival probability is seen. However, an interesting phenomenon is observed that the angular symmetry of the bound wave packet is broken and is also controlled by the phase delay. This asymmetrical distribution can be observed while the IR is on and smoothly evolves to a final value that only weakly depends on the IR duration. In the sections that follow, we introduce the numerical approach that we use, present the results and analysis, compare them to our expectations, and comment on their implications.

We use atomic units except where explicitly stated otherwise.

II. THEORY AND METHOD

In a simulation, H atoms are prepared in the ground state at the beginning. Then a weak UV pulse train is turned on to bring the electrons to the desired states through one-photon absorption. The UV pulse train is created by turning on two UV lasers with frequencies $\omega_1$ and $\omega_2$, as shown in Fig. 1. The beat frequency of the two lasers is assumed to be a multiple of an intense IR field so that the beats stay in phase with the IR over many cycles. After the UV pulse, the excited electrons continue to evolve in the presence of the intense
The error function is used to smoothly turn the IR laser on and off. Noticing the linearity of Eq. (1), we can separate it into two parts, in which each of them treats only one UV laser. By doing this, the numerical calculation is greatly simplified. The excited wave function can be written as $\Psi_s(\vec{r}, t) = \Psi_{s1}(\vec{r}, t) + \Psi_{s2}(\vec{r}, t)$. Thus the separated equations are

$$i \frac{\partial \Psi_{s1}(\vec{r}, t)}{\partial t} - \hat{H} \Psi_{s1}(\vec{r}, t) = S_{1}(\vec{r}, t), \quad (5)$$

in which

$$S_{1}(\vec{r}, t) = F_{U1}(t) z \Psi_{s}(\vec{r}) \exp[-i(\omega_{U1} t + \sigma_{1})]. \quad (6)$$

The index $i = (1, 2)$. The phase delay of the UV pulse train relative to the IR can be changed by tuning $\sigma_{i}$ (the initial phase of UV lasers).

The quantum simulation is performed by numerically solving Eq. (5). Each wave function is represented on a two-dimensional (2D) space spanned by discrete radial points and an angular momentum basis. For the radial part, we use a nonlinear square-root mesh. The propagation operator is constructed using a split-operator technique of the form

$$U(\delta t) = U_{1}\left(\frac{\delta t}{2}\right) U_{2}(\delta t) U_{1}\left(\frac{\delta t}{2}\right). \quad (7)$$

where the approximation $U_{1}(\delta t) = (1 - i \hat{H}_{i}\delta t/2)/(1 + i \hat{H}_{i}\delta t/2)$ is used. During the time propagation, an absorbing potential is used such that the ionized electrons are efficiently absorbed. One can refer to [11] for the details of the numerical technique. The final wave function in the quasistable states is obtained by adding $\Psi_{s1}$ and $\Psi_{s2}$. In the sections that follow, one will see that most of the interesting effects are from the interference between these two wave packets.

### III. RESULTS AND DISCUSSION

The UV pulse train is simulated by turning on two UV lasers which act as two independent sources in the system. In order to study the survival spectrum, the frequency of the first UV laser ($\omega_{1}$) is scanned such that the electrons have initial energies ranging from $E = -0.17$ to $E = 0.11$ a.u. relative to the ionization threshold. For each frequency $\omega_{1}$, the frequency of the second UV laser is tuned to satisfy $\omega_{2} = \omega_{1} + N \ast \omega_{IR}$ ($N = 1$ or 2). For each launch energy, the data is accumulated after the intense IR laser is smoothly turned off.

Refer to Eq. (5), where the final wave function can be written as

$$\Psi_s(\vec{r}, t) = \Psi_{s1}(\vec{r}, t) + \Psi_{s2}(\vec{r}, t)$$

$$= \psi_{s1}(\vec{r}, t) \exp(-i\sigma_{1}) + \psi_{s2}(\vec{r}, t) \exp(-i\sigma_{2}), \quad (8)$$

where $\psi_{s1}(\vec{r}, t)$ are the solutions to Eq. (5) when $\sigma_{i} = 0$ ($i = 1$ or 2). In principle, any observable $A$ can be obtained through
evaluating
\[
\langle \hat{A} \rangle = \sum_{i=1}^{2} \langle \psi_{ei} | \hat{A} | \psi_{ei} \rangle \\
+ 2 \text{Re}\{\langle \psi_{e2} | \hat{A} | \psi_{e1} \rangle \exp[i(\sigma_2 - \sigma_1)]\}. \tag{9}
\]

The second term shows clearly how the coherence is manifest in the value of an observable. By tuning the value of \( \sigma_i \) \((i = 1 \text{ or } 2)\), the phase delay of the UV pulse train relative to the IR laser will change accordingly, and so will the value of \( \langle \hat{A} \rangle \). In the following sections, observables \( \hat{A} = \hat{I} \) and \( \hat{A} = \cos \theta \) are discussed. They respectively correspond to the survival probability and orientation of electrons that survive the intense IR field. While the IR laser is on, the angular symmetry as a function of time is also discussed.

A. Coherence for two \( \omega_{IR} \) separation

Equation (9) gives the population of survival electrons when the observable \( \hat{A} = \hat{I} \). The coherence in the survival population is greatly determined by the overlap \( \langle \psi_{e2} | \hat{A} | \psi_{e1} \rangle \). Since \( \psi_{e1} \) and \( \psi_{e2} \) are the electron wave functions in the quasistable states, they will have similar principal quantum numbers. Moreover, they tend to have even (odd) angular quantum numbers if their initial energies are an odd (even) number of IR photons away from the threshold [10]. When the two UV lasers have frequencies separated by two IR photons \((N = 2)\), they will create two electron wave packets with initial energies separated by two IR photons. As a result, \( \psi_{e1} \) and \( \psi_{e2} \) will concurrently have either odd or even angular quantum numbers when they reach the quasistable states. Thus, the overlap between \( \psi_{e1} \) and \( \psi_{e2} \) becomes significant, and coherence is expected in the electron’s survival probability.

Figure 2 shows the survival spectrum for two different phase delays of the UV pulse train relative to the IR. The equally separated train of peaks is formed by electrons trapped in the quasistable states, which is discussed in Refs. [2,3,10]. The height of the peaks in Figs. 2(a) and 2(b) is quite different, indicating the level of coherence in the electron population. Continuously changing the phase delay will lead to a change in the interference term in Eq. (9). This phase sensitivity is evidence that after the UV excitation, most of the energy transfer from the IR to the excited electrons happens during the first few IR cycles, as suggested by the three-step model [4,5,12]. In order to clearly show this, for each phase delay, we integrate the survival probabilities of each peak in the spectrum of Fig. 2 and divide it by twice its average over phase delay. This quantity oscillates around 0.5, which contrasts the survival probabilities of different phase delays. The result is shown in Fig. 3. Each line from Figs. 3(a) to 3(f) corresponds to each peak in Fig. 2, from the left to the right. Each curve is oscillating with a period of \( \pi \) in terms of phase delay. The period \( \pi \) is determined by the fact that the UV pulse train repeats itself when its envelope shifts by \( \pi \). What is more, the survival probability of electrons with different launch energies has varied phase delay dependence. For those peaks right above and below the threshold, shown by the gray, green, and black curves in Fig. 3, they tend to have inverted phase delay dependence because of the fact that the ionization and recombination happen at the same time when electrons are tuned below or above the threshold. For those peaks far below the threshold, shown by the red curve, the phase delay dependence is not inverted compared to the above-threshold curve, which is a topic that deserves further study.

B. Coherence for one \( \omega_{IR} \) separation

When the frequencies of the two UV lasers are separated by one IR photon \((N = 1)\), although \( \psi_{e1} \) and \( \psi_{e2} \) still have similar principal quantum numbers, they will have different parity
The digits are used to track each peak. Peaks 5 and 6 are multiplied by 4 to make them visible. (a) The survival spectrum for the two components of the UV pulse train being separated by one IR photon. The shape of the spectrum remains unchanged for any phase delay. The straight lines denote the integrated survival probability of each peak in (a) in terms of the phase delay. Those lines are straight because no modulation is observed in this case.

Thus, the orientation is also phase delay dependent. Mean-while, \( |\langle \psi_{e1}|\psi_{e2} \rangle|^{2} \) is expected to be zero, indicating no coherence in the survival probability. As shown in Fig. 4(a), the height of the survival peaks remains the same for any phase delay of the UV pulse train relative to the IR. As a result, the integrated probability for each peak will approximately be a constant, \( N \langle \cos \theta \rangle \), which is time dependent since the angular integral is nonzero only if the functions in the integral have angular quantum numbers that differ by one (\( \Delta l = \pm 1 \)). So, the numerator in Eq. (10) simplifies to

\[
\langle \cos \theta \rangle = 2 \text{Re} \{ |\langle \psi_{e2}|\cos \theta |\psi_{e1} \rangle| \exp[i(\sigma_{2} - \sigma_{1})] \}. \tag{11}
\]

Thus, the orientation is also phase delay dependent. Meanwhile, \( |\langle \psi_{e2}|\cos \theta |\psi_{e1} \rangle|^{2} \) is nonzero since the two wave packets exclusively have even or odd angular quantum numbers (if \( l = 1,3,5, \ldots \) for \( \psi_{e1} \), then \( l = 2,4,6, \ldots \) for \( \psi_{e2} \), or vice versa), which contributes to a nonzero integral. In Fig. 5, four different launch energies are picked. Each line records the orientation in terms of the phase delay. The oscillation of each line indicates that the surviving electron’s angular distribution switches between the upper and lower half sphere when continuously tuning the phase delay. Since the energy transfer from the IR to the electron (after being excited) mostly happens at the first few IR cycles [5], the time of the electron being excited (controlled by phase delay) becomes crucial in determining the phase of the electron wave packets trapped at the quasistable states. As a result, tuning the phase delay will change the orientation, as indicated by Eq. (11). Figure 5 also reveals different phase delay dependence for varied launch energies. The below-threshold behavior, shown by Figs. 5(a) and 5(b), has inverted phase delay dependence with respect to the above-threshold behavior, shown by Fig. 5(d). However, they are not inverted with respect to Fig. 5(c), and more study is needed to understand this contrary result.

We want to check the angular symmetry while the IR is still on. In the following discussion, we use the quantity \( \langle \psi_{e}(\vec{r},\tau)|\cos \theta |\psi_{e}(\vec{r},\tau) \rangle \), which is time dependent since the IR is still on. First, \( \langle \cos \theta \rangle \) is oscillating in time while the IR is on, as depicted by the black lines in Figs. 6(a) and 6(b). The cases shown in Figs. 6(a) and 6(b) have the same launch energy, \( E = -0.082 \) a.u. They have inverted angular...
FIG. 7. The bound population (BP) of electrons \( \langle |\psi_{e1}(t)\rangle \hat{P} |\psi_{e1}(t)\rangle \). The plot (blue curve) is normalized by the final bound population \( n = \langle |\psi_{e1}\rangle \rangle \). The peak is going lower due to ionization. The launch energy \( E = -0.082 \) a.u. The red curve is the IR field. (a) The IR is on. (b) The IR is being turned off.

distribution because their phase delays differ by \( \pi/2 \), which match the results in Fig. 5. The peak in the black line repeats every half of one IR cycle and follows the IR intensity. Also, when we smoothly turn off the IR field, \( \langle \cos \theta \rangle \) stops oscillating and stabilizes near the peak value, as depicted in Fig. 6(c).

In order to find the reason, we calculate \( \langle |\psi_{e1}(t)\rangle \hat{P} |\psi_{e1}(t)\rangle \) as a function of time, where \( \hat{P} \) is a projection operator to all bound states. Figure 7(a) reveals that the population of bound electrons also oscillates periodically while the IR is on. During each IR cycle, the electrons experience ionization and combination twice due to the ponderomotive motion, which is the reason for the periodic oscillation of \( \langle \cos \theta \rangle \). As the IR is being turned off, shown in Fig. 7(b), the population of bound electrons stabilizes, which is the final amount of electrons that survives the IR laser. This amount of electrons contributes both to the maximal of \( \langle \cos \theta \rangle \) while the IR is on and to the stable value of it when the IR is off, as shown in Fig. 6(c).

Second, the final stable value of the orientation does not depend on the time of turning off the IR. Figure 6(c) shows the behavior of the orientation when the IR is being turned off at time \( t = 13.5 \times 10^3 \) a.u. Similar behavior is observed when we turn off IR at other longer or shorter times, although the survival population varies. As a final point, we also calculate \( \langle \cos \theta \rangle \) for \( N = 2 \). As expected, a symmetrical distribution \( \langle \cos \theta \rangle \sim 0 \) is obtained for any phase delay. Figure 6(d) shows that \( \langle \cos \theta \rangle \) (black line) oscillates about zero while the IR is on and goes to zero when it is off. The magnitude of oscillation is approximately an order smaller than that in Fig. 6(c).

**IV. CONCLUSION**

Quasistability of highly excited atoms in a strong field has been extensively discussed in the past 50 years [13–15]. Various mechanisms of stabilization and many related experiments can be found [16–21]. The fact that Rydberg atoms have a lower chance to absorb energy keeps the electron bound for a relatively long time. Those surviving electrons, besides the same principal quantum number, tend to have the same even or odd (depending on the initial energy) angular quantum numbers [10]. Thus, a coherent effect is expected if electrons are being excited from different laser sources. The UV pulse train can be divided into two components, and they could separately act as a source, contributing electrons to the quasistable states.

In conclusion, we have studied the quasistability of UV-pulse-train-excited atoms in a strong IR field. When the two frequencies are separated by two IR photons, the survival probability will be a coherent superposition of the two contributions. By tuning the phase delay between the IR and the UV pulse train, we can coherently modulate the probability. The same coherence in the survival probability is not expected if the frequency separation is only one IR photon, where the survival probability is an incoherent addition of the two contributions. However, an asymmetry of the electron’s angular distribution is observed in this case. By evaluating the orientation, we show the symmetry is oscillating as a function of the phase delay. And, interestingly, the value of \( \langle \cos \theta \rangle \) oscillates periodically in time while the IR is on. The period is half the IR cycle, and it stabilizes after the IR is turned off. The oscillation of \( \langle \cos \theta \rangle \) is due to the electrons experiencing recombination and ionization in each IR period, which is an interesting picture of quasistability in strong IR fields. With the growing techniques of attosecond physics [22], faster laser control and more accurate detection become possible. The above discussed coherence and angular distribution should be detectable in the laboratory. When studying pulse-train-excited atoms, the coherent effect shown above is surely of great importance to consider.

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