effect of the orientation of Rydberg atoms on their collisional ionization cross section

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Collisional ionization between two Rydberg atoms in relative motion is examined. A classical trajectory Monte Carlo method is used to determine the cross sections associated with Penning ionization. The dependence of the ionization cross section on the magnitude and the direction of orbital angular momentum of the electrons and the direction of the Laplace-Runge-Lenz vector of the electrons is studied. For a given magnitude of angular momentum, there can exist a difference of a factor of up to ∼2.5 in the ionization cross section between the orientations with the highest and the lowest ionization cross section. The case of exchange ionization is examined and its dependence on the magnitude of angular momentum is studied.

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I. INTRODUCTION

The study of Rydberg atoms has seen considerable progress in the past few decades [1]. The highly excited state of the electrons in these Rydberg atoms gives rise to many interesting properties such as controllable long-range interactions [2], a strong response to electric and magnetic fields [3,4], and classical behavior of valence electrons, all of which have seen considerable analysis [5]. Their manipulable interactions have enabled the study of quantum entanglement effects across multiple atoms and by extension brought about the pursuit for robust qubits built from neutral atoms [6].

The highly excited nature of the valence electrons in Rydberg atoms makes them susceptible to ionization due to either collisions involving Rydberg atoms or interaction with blackbody radiation [7]. In this paper we focus exclusively on collisions between Rydberg atoms that can lead to one of the atoms becoming ionized through Penning ionization. In Penning ionization, two highly excited atoms with principal quantum number \( n \) collide to give a positive ion, a free electron, and the other atom with its valence electron having a principal quantum number \( n' \). If there is no energy transferred to the electrons from the translational kinetic energy of the atoms, it can be shown that \( n' < n/\sqrt{2} \) for the process to conserve energy.

Rydberg atoms experience considerable separation when they are prepared because of Rydberg blockade effects [8,9]. However, collisions between Rydberg atoms can still occur because of their strong interaction. These atoms interact due to van der Waals forces, dipole-dipole forces, or other higher multipole moments depending on the distance of separation and the nature of the electronic states. Even if these atoms were initially at rest, these interactions could lead to their eventual collisional ionization [10]. More recently, the effect of van der Waals and dipole-dipole forces on the collisional cross section between Rydberg atoms was examined [11] theoretically and was shown to agree reasonably well with experiment.

The thermal energies of Rydberg atoms can also lead to collisional ionization. The recent work by Fields et al. [12] not only provided an idea of the scale and the physics of destruction of Rydberg atoms from collisional ionization but also verified experimentally once again the results of a classical trajectory Monte Carlo approach for collision between two Rydberg atoms. They concluded that these collisional cross sections were significant and comparable to that of collisions between hard spheres of size comparable to the Rydberg orbit. These collisions can also be a source of transition from Rydberg atoms to ultracold plasma [13,14]. Effectively, these collisions can lead to a significant loss of the prepared Rydberg atoms and can be a cause for concern in experiments.

Inspired by the recent results by Fields et al. [12], here we try to answer the next relevant question, i.e., the effect of orientation of Rydberg atoms on their collisional ionization cross section. Two quantities that should adequately characterize the orientation of the colliding Rydberg atoms are the direction of angular momentum and the direction of the Laplace-Runge-Lenz vector. The research until this point has been carried out either by assuming some arbitrary choice for the direction and magnitude of angular momentum and the direction of the Laplace-Runge-Lenz vector (see Figs. 1 and 2) or by averaging the results over them. In this paper we vary these parameters in a systematic way for a couple of orientations to begin understand their impact on the ionization cross section. There is a wide variety of combination of parameters that could be explored; only a few cases are investigated to limit the size of this study. One restriction on the calculation was determined by the experimental arrangement in Ref. [12]: We have the two atoms excited to the same state and interacting through the difference in their thermal center-of-mass velocities.

The ionization cross section in general is expected to have some dependence on the magnitude of the angular momentum as it determines the eccentricity of the orbit of the electron. Our investigations of the effect of orientation reveal that for a given magnitude of angular momentum, there can exist a
The Laplace-Runge-Lenz vector $\mathbf{L}$ in the $x$-$y$ plane and $\mathbf{L}_{\text{sep}}$ is measured along the $x$ axis.

The notation is the same as in Fig. 1. Note that the orbits of the electrons are in a plane parallel to the $x$-$y$ plane.

The orbital angular momentum $\mathbf{L}$ is chosen to have a value in $l$ = 0, 1, 2, and 3, which are circular states and high-$m$ states which have been followed up by successful experiments [12, 28]. Given the experimental progress, we believe that the manipulations proposed in this paper are within reach of current experimental techniques.

This paper is organized as follows. In Sec. II we describe the method used and convergence is included. In Sec. III we apply the method described in Sec. II to different initial cymbal-type orientation. The notation is the same as in Fig. 1. Note that the orbits of the electrons are in a plane parallel to the $y$-$z$ plane.

FIG. 1. Schematic diagram of the two Rydberg atoms for the Frisbee-type initial orientation. The red circle on the edge of each ellipse represents an electron and the black circle at the focus of each ellipse represents an ion. The angular momentum vector $\mathbf{L}$, the Laplace-Runge-Lenz vector $\mathbf{A}$, and $V_{\text{c.m.}}$ are properties of each atom when the separation vector $\mathbf{R}$ goes to infinity. To emulate recent experiments [12], all calculations are performed with $L_1 = L_2$, $A_1 = A_2$, and $V_{\text{c.m.}} = 10^{-4}$ a.u. Note that the orbits of the electrons are in a plane parallel to the $x$-$y$ plane and $L_{\text{sep}}$ is measured along the $x$ axis.

FIG. 2. Schematic diagram of the two Rydberg atoms for the initial cymbal-type orientation. The notation is the same as in Fig. 1. Note that the orbits of the electrons are in a plane parallel to the $y$-$z$ plane.
\(l\) below \(n\) increases the eccentricity of the orbit. Therefore, the chosen range of angular momentum covers the entire range of eccentricities for the electron’s orbit. The direction of the Laplace-Runge-Lenz vector is varied during the course of the calculations to study its effect on the ionization cross section. The initial position and velocity of the electron are determined up to an orbital phase angle which is randomized.

The force exerted by particle \(j\) on particle \(i\) is given by

\[
F_{ij} = \frac{q_i q_j}{|r_i - r_j|^3} (r_i - r_j). \tag{1}
\]

Here the indices \(i, j \in \{1, 2, 3, 4\}\) and \(i \neq j\). The quantity \(q_i\) refers to the charge of particle \(i\) and the quantity \(r_i\) refers to the position vector of particle \(i\). The equations of motion can then be obtained by solving the two equations

\[
\frac{dv_i}{dt} = \sum_{j \neq i} F_{ij}, \tag{2}
\]

\[
\frac{dr_i}{dt} = v_i, \tag{3}
\]

where the terms \(v_i, r_i,\) and \(m_i\) denote the velocity, position, and mass of the \(i\)th particle, respectively.

The two atoms start with a separation of \(L_{\text{sep}}\), measured along the \(x\) axis (see Fig. 1). The value for \(L_{\text{sep}}\) is motivated by the minimum \(L_{\text{sep}}\) required for convergence (refer to Sec. II B) of the cross section. There still remain two degrees of freedom for the position of center of mass (c.m.) of each atom. The \(y\) and \(z\) coordinates of the center of mass of atom 1 are randomly (uniform) placed inside a disk of radius 0.5\(b_{\text{max}}\) centered on the \(x\) axis and parallel to the \(y\)-\(z\) plane (refer to Sec. II B for \(b_{\text{max}}\)). The c.m. of atom 2 is positioned such that the total center of mass of the two atoms lies at the origin.

At the initial time, the c.m. of the first atom is imparted a net velocity in the +\(x\) direction and the c.m. of the second atom in the −\(x\) direction. As the two Rydberg atoms drift towards each other, one of them may ionize depending on the initial conditions. In our calculations, we consider the electron to be ionized if the distance to any of the electrons from the origin of the coordinate system is greater than the initial length to be ionized if the distance to any of the electrons from the initial conditions. In our calculations, we consider the electron net velocity in the center of mass of the two atoms lies at the origin.

Here the indices \(i, j \in \{1, 2, 3, 4\}\) and \(i \neq j\). The quantity \(q_i\) refers to the charge of particle \(i\) and the quantity \(r_i\) refers to the position vector of particle \(i\). The equations of motion can then be obtained by solving the two equations

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The aim is to study the ionization cross section as a function of the direction and magnitude of the orbital angular momentum and the direction of the Laplace-Runge-Lenz vector of the electron. In order to determine the cross section, we resort to a Monte Carlo approach. We estimate the cross section by first calculating the probability of ionization from a set of 10 000 Monte Carlo runs by randomly varying the initial orbital phase angle of both the electrons and the impact parameter. The randomized initial conditions form the population of a microcanonical statistical distribution of the phase space [29] with an additional requirement that the orbital angular momentum of the electrons remain fixed. The initial values for the c.m. of the atoms, the energy of each electron, and the direction and magnitude of the angular momentum of each electron all remain the same during each set.

The orbital phase angle of the electron in the first atom is randomized by allowing the electron to dynamically evolve with time in the absence of the second atom for a random duration between 0 and \(T_{\text{Ryd}}\). To randomize the orbital phase angle of the second electron, a small distance which randomly varies between 0 and \(V_{\text{c.m.}} T_{\text{Ryd}}\) is added to the length of the separation \(L_{\text{sep}}\).

The cross section is typically calculated using the expression \(\int 2\pi b P(b) db\), where the probability of ionization as a function of the impact parameter \(P(b)\) is integrated over all possible impact parameters [12]. Here, using Monte Carlo sampling described below Eq. (3), the total probability of ionization \(P_{\text{ion}}\) can be calculated by determining the fraction of total runs that result in ionization and using the expression for the cross section \(\sigma\),

\[
\sigma = \pi b_{\text{max}}^2 P_{\text{ion}}. \tag{4}
\]

where \(b_{\text{max}}\) is the maximum value of the impact parameter that results in ionization. Note that it is convenient to scale the ionization cross section by \(\pi (2R_{\text{Ryd}})^2\), given that \(R_{\text{Ryd}}\) is the radius of the Rydberg atom. We define the scaled cross section \(\sigma_{\text{scal}}\) as

\[
\sigma_{\text{scal}} = \frac{\sigma}{\pi (2R_{\text{Ryd}})^2}. \tag{5}
\]

We restrict our discussion to symmetric collisions in which the two colliding Rydberg atoms have the same \(n\) value and both electrons have the same orbital angular momentum \(L\) and the Laplace-Runge-Lenz vector \(A\) [12]. One may refer to Refs. [30,31] for discussions pertaining to asymmetric collisions. Here the Laplace-Runge-Lenz vector \(A\) is defined as

\[
A = p \times L - r, \tag{6}
\]

where \(p\) and \(L\) indicate the linear momentum and the angular momentum of the electron with respect to the nucleus, respectively. The quantity \(r\) indicates the unit position vector of the electron measured with the nucleus as the origin. The magnitude of the Laplace-Runge-Lenz vector is proportional to the eccentricity of the orbit. It should be noted that the Laplace-Runge-Lenz vector of the electron is proportional to the energy in the linear Stark shift and can be accessed by exciting Stark states.

The minor changes required in the procedure to calculate the cross section associated with exchange ionization are discussed in Sec. III C.

### A. Numerical method

The classical equations of motion [Eqs. (2) and (3)] are solved numerically using the sixth-order Runge-Kutta (RK6) method with an adaptive step size [32]. The RK6 method does not conserve the phase-space volume. Therefore, the total energy of the system, which ideally should be conserved, will either increase or decrease with time. For a given time step, the larger the acceleration of the particle, the larger the error in the velocity and position. At every instance of time, the step size is varied based on the acceleration experienced by the particles, so the error is below an acceptable threshold (see Sec. II B). For every Monte Carlo run, the aim is to carry out
these calculations until an ionization is detected or until the Rydberg atoms pass each other.

The expression (1) being a purely Coulombic potential can lead to singularities in acceleration during a trajectory. This will cause the adaptive-step-size algorithm to yield a time step which can be quite small, thus resulting in runs that may not be feasible computationally. To handle this issue, we override this very small time step with a threshold value and proceed with the RK6 method directly for the next time step only. If this process gets repeated, this may lead to a buildup of errors in the total energy with time. If the error in the total energy exceeds 0.1% of the initial total energy, the run is classified as a failed run and not used in the cross-section calculations. The number of failed runs is kept well under 3% of the total number of Monte Carlo runs for all the scenarios discussed in this paper, except for the case of $l = 0.2n$ in Fig. 6, for which the number of failed runs is closer to 6%. Note that there exists a trade-off between using a purely Coulombic potential and dealing with failed runs or resorting to a soft-core Coulombic potential with no failed runs but having to accept less realistic results.

B. Convergence

Here we briefly discuss the choice of various parameters defined in the preceding section. We find that the probability of ionization $P_{\text{ion}}$ depends on the distance of separation between the two atoms $L_{\text{sep}}$ for $L_{\text{sep}} < 60R_{\text{Ryd}}$. However, for $L_{\text{sep}} > 60R_{\text{Ryd}}$, the probability of ionization $P_{\text{ion}}$ and hence the ionization cross section does not change beyond statistical fluctuations associated with the Monte Carlo approach. Note that this factor of 60 is independent of $n$ and is obtained by numerical experimentation.

We probe the convergence of the cross section with respect to the maximum impact parameter $b_{\text{max}}$ by restricting our atoms to be exactly on the circle of radius $0.5b_{\text{max}}$. Then we search for a threshold value for the radius $b_{\text{max}}$ beyond which strictly no case of ionization occurs from an entire set of runs. Upon varying the radius $b_{\text{max}}$, we find that for $b_{\text{max}} > 5R_{\text{Ryd}}$, no case of ionization is reported for the chosen $V_{\text{c.m.}}$ (refer to Sec. III B).

For a given successful run, either ionization occurs or it does not. Thus, the Monte Carlo runs form the population of a binomial distribution. For 10 000 runs, the standard deviation in the distribution is under 5% of the mean of the distribution for the case with the lowest cross section.

III. APPLICATIONS

A. Laplace-Runge-Lenz scalar

Before we apply the procedure developed in Sec. II to study the ionization cross sections, we briefly discuss a quantity which is an approximate constant of motion for large atom separations. For a given set of initial conditions, let the Laplace-Runge-Lenz (LRL) vector for each electron be $A_1$ and $A_2$, respectively.

The Laplace-Runge-Lenz vector is a constant of motion for a central inverse square force [33]. Given the interaction of other charges on a single electron and the motion of the nucleus, the Laplace-Runge-Lenz vector will deviate from its initial value with time. If the atoms are far apart, the Laplace-Runge-Lenz vector precesses with the components of the vector simply oscillating about a mean value. However, as the atoms approach each other and the interaction strength between the two atoms grows, the components of the Laplace-Runge-Lenz vector will start to deviate from the initial value.

We define a quantity LRL scalar $\Gamma$ as

$$\Gamma = A_1 \cdot A_2 - 3(\dot{R} \cdot A_1)(\dot{R} \cdot A_2),$$

where $\dot{R}$ denotes a unit vector from the nucleus of atom 2 to the nucleus of atom 1. An underlying motivation for this definition arises from quantum mechanics. In a quantum-mechanical system, this quantity commutes with the Hamiltonian within the $n$ manifold if the interaction between the two atoms is approximated as a dipole-dipole interaction [34]. Also note that in quantum mechanics, the definition of the Laplace-Runge-Lenz vector is modified to account for the noncommutation of $p$ and $L$ by using the symmetric form $[\langle p \times L \rangle - (L \times p)]/2$ [35]. The LRL scalar [Eq. (7)] is nonzero only for a pair of Rydberg atoms in elliptical orbits since for circular orbits the Laplace-Runge-Lenz vectors of both atoms vanish.

If two atoms which are at rest are placed relatively close to each other ($L_{\text{sep}} = 8R_{\text{Ryd}}$), we find that the LRL scalar $\Gamma$, which resembles the dipole-dipole interaction energy, oscillates significantly less than the individual components of the Laplace-Runge-Lenz vector. However, note that this quantity does not remain constant when the atoms are close enough to each other such that the dipole approximation breaks down. The LRL scalar is proportional to the electric dipole-dipole interaction energy between the two Rydberg atoms for a given principal quantum number $n$ as the individual Laplace-Runge-Lenz vectors are proportional to the electric dipole moment of each atom [34]. We examine if the initial LRL scalar of the two atoms when they are far away can be used to effectively characterize their ionization tendencies as they approach each other. We do this (refer to Sec. III B 1) by analyzing the correlations between $\Gamma$ and the ionization cross section of the Rydberg atoms.

It should be noted that $\Gamma$ changes slightly between Monte Carlo runs. While $A_1$ and $A_2$ remain constant for a given set of runs, the position of each atom and hence $\dot{R}$ changes slightly with every run. This is because the randomization of the initial conditions for the Monte Carlo approach involves a change in the impact parameter (not $b_{\text{max}}$) and a small change in the $L_{\text{sep}}$ (refer to Sec. II).

B. Ionization cross section

Here we investigate how the ionization cross section depends on the magnitude and the direction of the orbital angular momentum of the electron and the direction of the Laplace-Runge-Lenz vector. In our calculations, $V_{\text{c.m.}} = 10^{-4}$ a.u., which corresponds to the rms speed at a temperature of $\sim 150$ K. The chosen $V_{\text{c.m.}}$ is similar to the values observed in the experiment by Fields et al. [12]. The results of our calculation are relatively unchanged for a range of velocities between $7 \times 10^{-5}$ and $2 \times 10^{-4}$ a.u., which corresponds to the kinetic energies associated with a temperature range of approximately 80–650 K. A more detailed analysis of the dependence of the
ionization cross section on the relative velocity of the Rydberg atoms can be found in Ref. [16].

While the trajectories of the particles including the relative motion of the two nuclei are not assumed to be straight lines, the calculations indicate little deviation from the straight-line trajectory for the two nuclei. This is partly because of their large mass. In order for the collision energy of nuclei to become comparable to their interaction energy and their trajectories to deviate from a straight line, the thermal velocities of the atoms should be smaller by about two orders of magnitude from the chosen value ($V_{\text{c.m.}} = 10^{-4}$ a.u.).

1. Varying the direction of the angular momentum

We explore the effect of varying the direction of the angular momentum of the electrons $L_1$ and $L_2$ on the ionization cross section. Here we preserve the direction of the Laplace-Runge-Lenz vectors $A_1 = A_2$ while we change the direction of the angular momentum vectors $L_1 = L_2$. Based on the discussion in Sec. II, we consider two possible initial orientations, Frisbees (see Fig. 1) and cymbals (see Fig. 2).

For the initial Frisbee-type orientation, the direction of angular momentum can be changed by rotating each atom about their respective Laplace-Runge-Lenz vector and hence the $x$ axis. This ensures that $A_1$ and $A_2$ are invariant. Therefore, the quantity $\Gamma$ [Eq. (7)] remains invariant during this rotation.

For the initial cymbal-type orientation, the direction of the angular momentum can be changed by rotation of the atoms about the $z$ axis. This ensures that $A_1$ and $A_2$ remain the same. Again, $\Gamma$ remains invariant during the rotation for a given Monte Carlo run but varies slightly between runs for reasons discussed in Sec. III A.

It should be noted that for Frisbee-type orientation, for the entire range of the rotation angle, the initial orientation of the two atoms remains of Frisbee type. However, for cymbal-type orientation, during the rotation about the $z$ axis, the orientation changes from cymbal type to Frisbee type at an angle of $90^\circ$.

For each orientation of the angular momentum, the ionization cross section is calculated using the procedure developed in Sec. II. Given the direction of the Laplace-Runge-Lenz vector, a rotation angle range of $0$ to $180^\circ$ exhaustively covers all possible relative orientations between the two atoms for the angular momentum. These calculations are performed for different magnitudes of the angular momentum (see Figs. 3 and 4).

For Frisbee-type orientation (Fig. 3), we find that the ionization cross section is independent of the rotation angle about the $x$ axis for a given angular momentum magnitude $l$. This is expected from the rotational symmetry as the angle between the angular momentum vector and $\hat{R}$ remains the same throughout the rotation, given the direction of the Laplace-Runge-Lenz vector (Fig. 1). Upon increasing $l$, we find that the cross section decreases. This indicates that an electron in a circular orbit is more difficult to ionize than an electron in a highly elliptical orbit. This becomes clear if we examine the outer turning point radius $r_{\text{out}}$ for elliptical orbits, which is given by [36]

$$r_{\text{out}} = \frac{1}{K_{\text{Ryd}}} \left[ 1 - \left( \frac{l}{n} \right)^2 \right].$$

FIG. 3. Plot of the scaled ionization cross section as a function of rotation angle about the $x$ axis, for the initial Frisbee-type orientation. Each point is a result of $10,000$ Monte Carlo runs. The error bars indicate the standard deviation in the cross section. Here rotation about the $x$ axis changes the direction of angular momentum but preserves the direction of the Laplace-Runge-Lenz vectors. The points with the same initial angular momentum $l$ have been connected to serve as a visual cue. For a given $l$, the ionization cross section does not change with $\theta_x$. This is expected from rotational symmetry.

So, for an orbit with $l = 0.2n$ the outer turning point distance from the nucleus is approximately twice as large when compared to a circular orbit ($l = n$) of the same energy ($n$), thus making it likely that the electron will venture into regions of stronger field from the other atom.

For cymbal-type orientation (Fig. 4), for small magnitudes of angular momentum we find that the cross section does not appear to change with $\theta_z$. As the $l$ value increases, the cross section peaks at a rotation angle of $\theta_z = 90^\circ$. The physics behind this can be understood in the following manner. Consider the case of two circular ($l = n$) Rydberg atoms of cymbal type (Fig. 2) approaching each other. The electrons in these

FIG. 4. Plot of the scaled ionization cross section as a function of rotation angle about the $z$ axis, for the initial cymbal-type orientation. Each point is a result of $10,000$ Monte Carlo runs. The error bars indicate the standard deviation in the cross section. Here rotation about the $z$ axis changes the direction of angular momentum but preserves the direction of the Laplace-Runge-Lenz vectors. The points with the same initial angular momentum $l$ have been connected to serve as a visual cue.
atoms tend to push each other to the opposite extremes of their orbits. This results in the atoms becoming more elliptical as they approach each other; in other terms, $A_1$ and $A_2$ start building up from zero in opposite directions. This can help in minimizing the interaction energy, thus lowering the ionization cross section effectively. This is evident from the calculations for a single collisional run (Fig. 5) that does not result in an ionization. These calculations show that as the two circular Rydberg atoms of cymbal type approach each other their respective Laplace-Runge-Lenz vectors start building up in opposite directions and exhibit oscillatory behavior.

This effect is less likely to occur as you make the orbits elliptical (decrease $l$). The reason is that if the Laplace-Runge-Lenz vectors were already nonzero and equal to each other in the beginning, as they approach each other it becomes more difficult to get them to orient in opposite directions given the symmetric nature of the two atoms. This is also evident from the calculations for a single collisional run (Fig. 5), which shows the difficulty in achieving similar stable oscillatory behavior found in the circular case. The $z$ component of the Laplace-Runge-Lenz vector has been chosen to illustrate how the nonzero value in the elliptical case hinders this oscillatory behavior. Note that the other components of the Laplace-Runge-Lenz vector exhibit similar behavior for the circular case. In the elliptical case, there is a lack of this type of oscillatory behavior in all three components of the Laplace-Runge-Lenz vector.

For the case of Frisbee-type orientation (Fig. 1), this effect will not manifest. The nature of the orientation offers significantly less time for $A_1$ and $A_2$ to gradually build up in opposite directions. Single collisional run calculations for Rydberg collisions of Frisbee type consistently show the absence of the antiparallel oscillatory behavior of $A_1$ and $A_2$ found in the case of cymbal-type orientation (Fig. 5). This effect offers some insight into why the ionization cross section from Fig. 4 for the cymbal-type orientation is lower by a factor of $\sim 2$–3 than that for the Frisbee type.

Although a rotation angle of $\theta_z = 90^\circ$ corresponds to a Frisbee-type orientation, the results from Fig. 4 should not be compared to Fig. 3. The reason for this is because, in Fig. 3, the Laplace-Runge-Lenz vector is chosen to be along the $x$ axis but the Laplace-Runge-Lenz vector in Fig. 4 for $\theta_z = 90^\circ$ is along the $-z$ axis. However, for the special case of $l = n$, the Laplace-Runge-Lenz vector is zero and a comparison of the two figures at $\theta_z = 90^\circ$ reveals good agreement. In the next section we discuss cases where the Laplace-Runge-Lenz vector is varied. One may then compare the results of Fig. 4 with Fig. 6 for the value of $\theta_z = 90^\circ$ in both figures. This comparison shows good agreement.

2. Varying the LRL scalar

We explore the dependence of the ionization cross section on $\Gamma$. We vary $\Gamma$ by changing the direction of Laplace-Runge-Lenz vectors $A_1$ and $A_2$ but preserving the direction of the angular momentums $L_1$ and $L_2$. We do this by rotating the atoms about their respective angular momentum vectors. This is equivalent to rotation about the $z$ axis and $x$ axis for the initial Frisbee-type orientation (Fig. 1) and cymbal-type orientation (Fig. 2), respectively. Note that this rotation only changes the LRL scalar for Frisbee-type orientation and not cymbal-type orientation as the angle between the Laplace-Runge-Lenz vector of each atom and $\hat{R}$ remains relatively unchanged for the cymbal type.

We calculate the ionization cross section, average initial $\Gamma$, and standard deviation in the initial $\Gamma$ for a given angle of rotation, from a set of Monte Carlo runs. Note that the average $\Gamma$ and the standard deviation in $\Gamma$ change with rotation.
angles of rotation and different magnitudes of the angular momentum. Fig. 6 corresponds to an angle of $150^\circ$ between the two atoms when they are far apart. If the absolute initial value for $l$ is broken by the direction of the angular momentum, a calculation identical to the one in Fig. 6 for $l = 0.6n$ reveals very good agreement. This clearly indicates that the direction of angular momentum plays a role in the asymmetry.

For comparison, the case of $l = 0.6n$ is plotted after reflection about $90^\circ$. In simpler terms, for the case of $l = 0.6n$, an angle of $30^\circ$ in Fig. 6 corresponds to an angle of $150^\circ$ here. A comparison of the two cases $l = -0.6n$ and $180 - \theta_z$ ($l = 0.6n$) reveals very good agreement.

This clearly indicates that the direction of angular momentum plays a role in the asymmetry.

This observed positive correlation should be expected because the quantity LRL scalar $\Gamma$ is proportional to the electric dipole-dipole interaction energy (refer to Sec. III A). A large absolute initial value for $\Gamma$ implies a large interaction energy between the two atoms when they are far apart. If $\Gamma$ is an adiabatic invariant until the atoms get close to each other (see Sec. III A), then a large initial interaction energy implies a large interaction energy when they are relatively close and thus consequentially one might expect a large ionization cross section.

An interesting observation from Fig. 6 is that there exists an asymmetry about $\theta_z = 90^\circ$ for intermediate values of angular momentum. This is easily noticeable for $l = 0.6n$. Intuitively, one might expect a symmetry because of how the relative orientations of the Laplace-Runge-Lenz vectors between the two atoms remain unchanged for the two rotation angles $\theta_z$ and $180 - \theta_z$. A supporting argument for this expectation is the fact that the LRL scalar $\Gamma$ is found to be symmetric about $90^\circ$. However, a careful analysis reveals that this symmetry is broken by the direction of the angular momentum. A calculation identical to the one in Fig. 6 for $l = 0.6n$ but with the direction of angular momentum reversed verifies this (see Fig. 7). Interestingly, a similar asymmetry was found to exist in ion–Rydberg-atom collisions [37].

For the initial cymbal-type configuration, the rotation about the $x$ axis changes the direction of the Laplace-Runge-Lenz vectors; however, it does not change the value of the LRL scalar $\Gamma$. The results from the calculation (see Fig. 8) for the ionization cross section indicate that for a given magnitude of angular momentum $l$, the cross section remains a constant with this rotation. This is expected because of symmetry as the rotation still preserves the relative orientation of the two atoms and is equivalent to merely observing the collision from a different viewing angle. This result is consistent with the earlier observation that the ionization cross section is positively correlated with the modulus of the LRL scalar $\Gamma$.

C. Exchange ionization

Here we focus exclusively on exchange ionization, which is distinct from simple ionization. By simple ionization we refer to those collisions in which the atom that loses the electron finally ends up being ionized after they pass each other. This is different from exchange ionization where atom 1 (2) initially loses its electron but captures the electron from atom 2 (1) and atom 2 (1) ends up being ionized. Atom 1 (2) however departs with electron 2 (1). Note that the procedure described in Sec. II counts all possible ionizations including exchange ionizations.

Exchange ionizations can be exclusively counted by running every Monte Carlo run until the Rydberg atoms pass each other and then classifying the ionization that may occur as an exchange ionization if the distance between the nucleus of atom 1 (2) and electron 2 (1) is within $2R_{\text{Ryd}}$. This restriction has been chosen by measuring the final distances between the exchanged electron and the nucleus across multiple runs and ensuring that all exchanges are included. We can calculate the exchange ionization cross section from the corresponding probability by using the same equation used to determine the total ionization cross section [Eq. (4)].
These calculations reveal the following: For the initial Frisbee-type orientation with \( l = n \), we get a scaled exchange ionization cross section of 1.16 ± 0.02. For reference, the scaled total ionization cross section for the same case is 2.23 ± 0.03. This indicates that exchange ionization contributes to as much as 50% of the total ionizations. The calculations show that the exchange ionization also increases with a decrease in the magnitude of the orbital angular momentum of the electrons analogous to the total ionization cross section. This can be interpreted using the same argument for why circular orbits are more stable (see Sec. III B 1). As the orbits become more elliptical their outer turning point distances increase and consequently they can be more easily captured by the other atom and also are more likely to be the reason for the ionization of the other electron. This is supported by the fact that single collisional run calculations indicate that the capture and the ionization occur relatively at the same time.

While the identical nature of electrons makes it difficult to study exchange ionization experimentally, one way it can be studied is by creating atom 1 with the valence electron in a spin-up state and atom 2 with the valence electron in a spin-down state. This way we have effectively labeled the electrons and can in principle track their final states.

IV. CONCLUSION

We defined a quantity called the LRL scalar \( \Gamma \) and discussed how the fluctuations in this quantity were much lower than the fluctuations in the individual Laplace-Runge-Lenz vectors \( \mathbf{A}_1 \) and \( \mathbf{A}_2 \) of the electrons. We studied the dependence of the ionization cross section on the direction and the magnitude of the orbital angular momentum of the electron and the direction of the Laplace-Runge-Lenz vectors of the electrons. These calculations revealed the following. First, the ionization cross sections exhibited positive correlations with the modulus of the LRL scalar \( [\text{Eq. (7)}] \). The underlying reason is that the electric dipole-dipole interaction energy is proportional to the LRL scalar at large atom separations and therefore the ionization cross section would increase with the interaction. Second, the Rydberg atoms with highly elliptical orbits (small \( l \)) had higher ionization cross sections relative to Rydberg atoms with circular orbits (\( l = n \)), implying that circular orbits were significantly more stable to collisional ionization. Third, as the magnitude of the angular momentum was increased (\( l \to n \)), the initial cymbal-type configuration for the atoms exhibited significantly lower ionization cross sections (lower by a factor of \( \sim 2–3 \)) than that of the Frisbee type. This was interpreted in terms of the tendency of the Laplace-Runge-Lenz vectors to become antiparallel as the atoms approach each other.

Finally, exchange ionization was studied and its dependence on the magnitude of angular momentum was found to be similar to that of the total ionization cross section. The calculations indicated that the exchange ionizations contributed to about 50% of the total ionizations.

These results indicate several ways in which the stability of Rydberg atoms against collisional ionization can be significantly improved. The lowest ionization cross section is achieved for the case of circular orbits and when the relative orientation of the two atoms is of cymbal type.

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