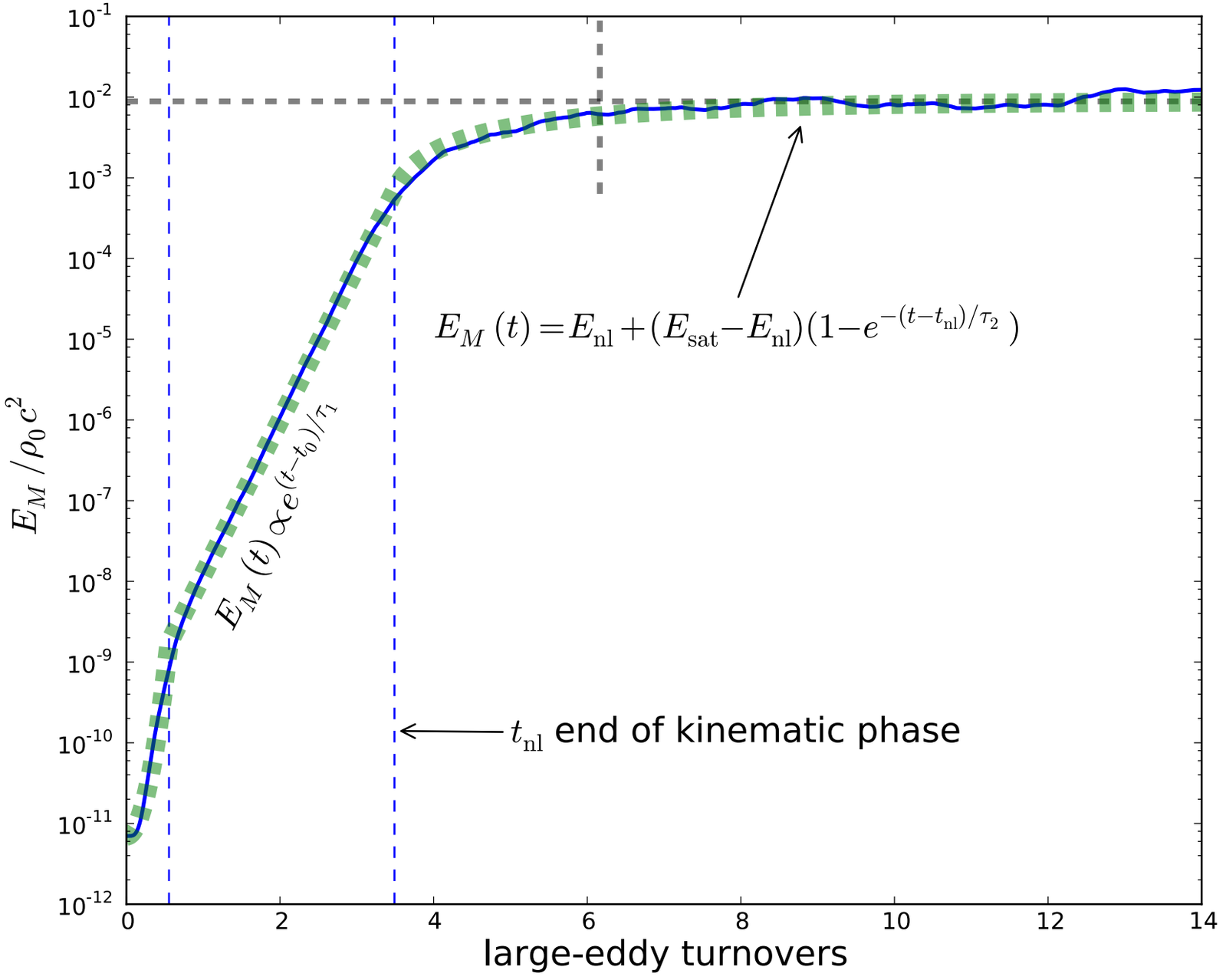

Figure 3. Time history of the magnetic energy for a representative run at 128^3, together with the empirical model (Equation 3) with best-fit parameters. The horizontal dashed line indicates the magnetic energy, $E_{\rm sat}$ at the dynamo completion. From left to right, the vertical dashed lines mark the end of the startup, kinematic, and saturation phases.