Differentiation of Surface and Bulk Conductivities in Topological Insulators via Four-Probe Spectroscopy

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ABSTRACT: We show a new method to differentiate conductivities from the surface states and the coexisting bulk states in topological insulators using a four-probe transport spectroscopy in a multiprobe scanning tunneling microscopy system. We derive a scaling relation of measured resistance with respect to varying interprobe spacing for two interconnected conduction channels to allow quantitative determination of conductivities from both channels. Using this method, we demonstrate the separation of 2D and 3D conduction in topological insulators by comparing the conductance scaling of Bi$_2$Se$_3$, Bi$_2$Te$_2$Se, and Sb-doped Bi$_2$Se$_3$ against a pure 2D conductance of graphene on SiC substrate. We also quantitatively show the effect of surface doping carriers on the 2D conductance enhancement in topological insulators. The method offers a means to understanding not just the topological insulators but also the 2D to 3D crossover of conductance in other complex systems.

KEYWORDS: Four-probe transport spectroscopy, topological insulator, electrical transport, dimensionality crossover, topological surface states, scanning tunneling microscopy

Four-probe spectroscopy measurement with variable probe distances is the method of choice for studying materials where both surface and bulk contributions to electrical conduction are present. The common practice is to assume two decoupled conduction channels corresponding to the 2D conductance of surface states and the 3D conductance of bulk, as schematically shown in Figure 1a, and deduce the dominant conduction mechanism through the dependence of the conductance with probe spacing. Such an assumption would only be valid if the potential profile across the surface were identical for both 2D and 3D conduction. However, the 2D and 3D conduction channels are usually coupled, with a conduction network that looks more like Figure 1b rather than Figure 1a, making it often difficult to cleanly decouple the two channels.

A recent example where both surface and bulk conductance can contribute to the electrical conductivity is topological insulators (TIs), a new state of matter with characteristic topological surface states and rich potentials for both fundamental physics and device applications. In TI materials, the existence of metallic surface states with massless Dirac dispersion and a simultaneous bulk insulating behavior is the hallmark of a TI state. Indeed, the presence of TI states in Bi$_2$Te$_3$ and Bi$_2$Se$_3$ was confirmed from angle-resolved photoelectron spectroscopy (ARPES) experiments, as well as quasiparticle interference with scanning tunneling microscopy (STM). Shubnikov–de Haas oscillations, Aharonov–Bohm interference and weak antilocalization in magnetotransport, as well as quasiparticle interference with scanning tunneling microscopy (STM). As a remedy for the leakage caused by the bulk states in Bi$_2$Te$_3$ and Bi$_2$Se$_3$, the ternary compound Bi$_2$Te$_2$Se has been used for studies of the surface transport because of its high bulk resistivity. However, controlling the bulk conductivity is often made difficult, even for Bi$_2$Te$_2$Se, by unintentional doping from crystal defects. Another way to address the problem is to use thin films or nanoribbons so that the surface to bulk ratio of the conduction contributions can be tuned by varying...
the film or nanoribbon thickness. The measured conductance will still involve contributions from both the surface and bulk channels, although their relative ratio can vary from sample to sample.

Here we report a new method to account for both surface and bulk conduction mechanisms by solving the simultaneous current continuity equations for both 2D and 3D, allowing cross “channel” current at every point along the surface, as illustrated in Figure 1b. This enables the extraction of the conductivities from both conduction channels of a TI crystal based on a set of spectroscopy measurements using the four-probe scanning tunneling microscopy (STM).

In a four-probe spectroscopy setup schematically illustrated in Figure 1, two of the probes (source current probes) contacting the sample surface provide a current and the other two probes (voltage probes) measure the voltage drop over a selected sample area within which a current is established. In order to find an analytical expression where both 2D and 3D contributions to the transport (ρ_{2D} and ρ_{3D}) are taken into account, we first consider a surface of a solid with finite thickness on which two current probes are separated by a distance s. At a point distance r away from the center of one of the probes and with |r| < s, the 2D current integrated over the circle is I_{2D}(r). The total current I = I_{2D} + I_{3D} integrated over the surface of a sphere with radius r, is a constant. To derive a general expression for the potential, we first derive an expression for I_{2D}(r) near r ≈ r_{i}, in the polynomial form, with the probe radius being r_{i}, I_{2D} = [a + b(r - r_{i}) + c(r - r_{i})^{3}]I. From this we can solve for the potential:

\[ V_{2D}(r) - V_{2D}(r_{i}) = -I \int_{r_{i}}^{r} \frac{a + b(r - r_{i}) + c(r - r_{i})^{2}}{2\pi \sigma_{2D}} \, dr \]

\[ = -\left[ \left( a - b r_{i} + c r_{i}^{2}\right) \left( \ln r - \ln r_{i} \right) + \left( b - c r_{i}\right) \left( r - r_{i}\right) \right] \frac{I}{2\pi \sigma_{2D}} \]

Note here the leading term for small r is ln r, which means that the 2D current dominates close to the current probes. Rearrange to second order of r - r_{i},

\[ V_{2D}(r) - V_{2D}(r_{i}) = \left[ \ln \left( \frac{1}{r} - \frac{b}{a + b r_{i}} \right) \right] - \ln \left( \frac{1}{r_{i}} - \frac{b}{a + b r_{i}} \right) \left( \frac{a^{2}}{a + b r_{i}} \right) \frac{I}{2\pi \sigma_{2D}} \]

(2)

Now it remains to find a set of equations for a and b. From the Ohm’s law and I = I_{2D} + I_{3D} integrating the 3D current over the surface of a sphere with radius r, we find,

\[ -\frac{dV_{2D}}{dr} = -\frac{dV_{3D}}{dr} = \frac{I_{2D}}{2\pi r^{2} \sigma_{2D}} = \frac{I - I_{2D}}{2\pi r^{2} \sigma_{3D}} \]

(3)

Thus,

\[ (\rho_{2D} r + \rho_{3D})\left[ a + b(r - r_{i}) + c(r - r_{i})^{3} \right] - \rho_{3D} = 0 \]

(4)

Solving this equation to the lowest orders of r - r_{i}, we find,

\[ a = \frac{\rho_{3D}}{\rho_{2D} r_{i} + \rho_{3D}} \quad b = -\frac{\rho_{2D} \rho_{3D}}{(\rho_{2D} r_{i} + \rho_{3D})^{2}} \]

\[ c = \frac{\rho_{2D}^{2} \rho_{3D}}{(\rho_{2D} r_{i} + \rho_{3D})^{3}} \]

(5)

Suppose the two current probes are 1 and 4, and the two voltage probes are 2 and 3. Using the above result, and denoting r_{1} and r_{2} as the positions of the two current probes, we generalize eq 2 to all points on the surface including the effect of both current probes,

\[ V(\vec{r}) = \left[ \ln \left( \frac{\rho_{2D}}{\rho_{3D}} + \frac{1}{|\vec{r} - \vec{r}_{1}|} \right) - \ln \left( \frac{\rho_{2D}}{\rho_{3D}} + \frac{1}{|\vec{r} - \vec{r}_{2}|} \right) \right] \frac{I}{2\pi} \]

(6)

Because all factors involving r_{i} are canceled, there is no tip radius correction due to the current probes at all. The voltage probes may introduce a small error in the tip position due to its finite radius. This can be shown to be a high order term in r_{i} by averaging the above equation over a small circle of radius r_{i}. We use s_{ij} to represent the distances between the probes i and j. In a typical measurement, the penetration depth of the current distribution in the 3D bulk is roughly equal to the spacing between the current probes and the probe spacing (considering the sample thickness being much larger than the probe spacing). In order
to have a meaningful comparison between the 2D and 3D channels, we normalize the resistivity of the bulk $\rho_{3D}$ and the distances $s_{ij}$ by $s_{14}$ and introduce a dimensionless parameter $g = (\rho_{2D}/\rho_{3D}) \times s_{14}$ which gives an estimate of the ratio between the contributions from the 2D surface and the 3D bulk to the total resistance. Then the measured resistance between probes 2 and 3 is given by,

$$R = \frac{\Delta V}{I} = \rho_{2D} \times \frac{1}{2\pi} \ln \left[ \frac{g + \frac{s_{12}}{s_{14}}}{g + \frac{s_{13}}{s_{14}}} \right]$$

(7)

The expression given by eq 7 can be simplified for the 2D ($g \rightarrow 0$) limit,

$$R_{2D} = \rho_{2D} \times \frac{1}{2\pi} \ln \left( \frac{s_{23}s_{14}}{s_{12}s_{13}} \right)$$

(8)

and the 3D ($g \rightarrow \infty$) limit,

$$R_{3D} = \rho_{3D} \times \frac{1}{2\pi} \left( \frac{1}{s_{12} + s_{13} - s_{13} - s_{14}} \right)$$

(9)

These limits match the well-known formulas generally used for 2D and 3D conductance cases. However, in the intermediate regime where both 2D and 3D currents are present, the total resistance cannot be calculated from a simple parallel resistor network formed with $R_{2D}$ and $R_{3D}$. Rather it is given by eq 7.

In order to facilitate the fit of eq 7 to experiment, we define

$$X_g = \frac{1}{2\pi} \ln \left[ \frac{g + \frac{s_{12}}{s_{14}}}{g + \frac{s_{13}}{s_{14}}} \right]$$

(10)

and for different values of $g$ we plot $R$ vs $X_g$ parametrically through changing the distance between the voltage probes. The relationship between $R$ and $X_g$ is linear only for the correct value of $g$. The correct value of $g$ is determined by tuning it until a linear plot is obtained. The slope of the plot gives $\rho_{2D}$ from which we then extract $\rho_{2D} = (\rho_{2D}/g)s_{14}$.

We first demonstrate the method using simulated resistance data generated from eq 7. For a test case, the four probes are perfectly aligned in a symmetric configuration, with a constant $\rho_{2D} = 2\pi \Omega$ and $g$ ranging from $10^{-3}$ to $10^6$. We add a random 5% fluctuation on the resistance values to simulate the uncertainty in experimental data. As shown in Figure 2, for $g < 0.1$ only $\rho_{2D}$ can be determined accurately, while $\rho_{3D}$ cannot be reliably extracted from the total resistance, indicating the dominance of 2D conduction. Conversely, for $g > 1000$, only $\rho_{3D}$ can be determined, reflecting the dominance of 3D conduction. Within the range $0.1 < g < 1000$, both $\rho_{2D}$ and $\rho_{3D}$ can be extracted, with the error in the dominant conduction channel on the same level as the error of the total resistance, and the error in the minor conduction channel being significantly higher. The parameter windows for different conductance regimes may vary by changing the accuracy of measurement and by varying the probe spacing $s_{14}$, as we discuss below.

The first key validation of the model is that it correctly identifies and quantifies purely 2D conduction. For this purpose we use experimental data measured on epitaxial graphene grown on an insulating substrate of SiC and a well-documented 2D system. The four-probe transport measurements are performed in a cryogenic four-probe STM under ultra high vacuum (UHV) environment (see Method for details). On the surface, the four STM tips are arranged in a collinear configuration, with the distances $s_{ij}$ between the probes as schematically shown in Figure 1. For a complete set of measurements, the voltage probes are moved step by step toward the center of the investigated area, while the positions of the outer source probes are fixed ($s_{14} \approx 38.6 \mu m$ in this case).

The measured resistance at $T = 82 K$ with varying probe spacing is shown in Figure 3a. The best fit of the result using eq 7 gives $g = 0$, consistent with the expected 2D transport. Experimental data are represented by empty stars, and the red dotted line is the linear fit. Repploting the same data using $g = S_4$ which if correct would contain a 3D component in the transport, yields a clearly nonlinear curve as shown in Figure 3b. Fitting with other finite values of $g$ also yields nonlinear...
curves. Thus, the system cannot be described as a mixed 2D and 3D system. From the slope in Figure 3a, we extract $\rho_{2D} = 2579 \Omega$, consistent with previous studies on similar samples.\textsuperscript{28}

To validate the 3D limit, we performed similar transport measurements ($T = 82$ K and with similar probe spacing $s_{tt}$) on a cleaved Bi$_2$Se$_3$ surface. The measured resistance with varying probe spacing is plotted in Figure 3c. A linear fit with eq 7 is found for a factor $g$ toward infinity ($g = 10^6$ is used here), indicative of the 3D nature of the transport. Using eq 7 with $g \geq 10^6$, we extract a resistivity of $\sim 0.93$ m$\Omega$·cm for the bulk. In contrast, a linear fit cannot be obtained with a lower $g$ value, as shown in Figure 3d with $g = 5$ (i.e., the ratio of 2D surface and 3D bulk resistance is 5). Thus, the system does not have a measurable 2D contribution to the transport, and the transport is dominated by the metallic bulk states. The same resistivity value can be extracted by using the 3D formula eq 9. Note that the 3D fit on the Bi$_2$Se$_3$ (shown in Figure 3c) does not necessarily rule out a contribution from topological surface to the electronic transport. That the extracted $g$ is out of the detection window (higher than $10^3$) places an upper limit of about 0.1% on a possible topological state contribution.

After validation in both the 2D and 3D limits, we employ this method to differentiate conductivities from the surface states and the coexisting bulk states in Tl Bi$_2$Te$_2$Se. Like Bi$_2$Se$_3$, Bi$_2$Te$_2$Se has an ordered tetradymite structure, derived from Bi$_2$Te$_3$ by replacing the central Te layer with a Se layer. Because here the Se atoms are confined in the central layer the formation of Se vacancies and the antisite defects between Bi and Te atoms are expected to be less probable,\textsuperscript{31} leading to much reduced bulk conductivity.\textsuperscript{18,31} For transport measurement, we mechanically cleave Bi$_2$Te$_2$Se single crystals in the UHV chamber at room temperature and then characterize them at $T = 82$ K.

Figure 4a shows the resistance of Bi$_2$Te$_2$Se measured within 24 h post cleavage (denoted as fresh surface) and with a probe spacing $s_{14} = 46.6$ $\mu$m. The data can be best fitted with eq 7 using $g = 50 \pm 9$, namely $R_{2D}/R_{3D} \sim 50$ and only $(2.0 \pm 0.4\%)$ of conductance is via the 2D channel. From this result, we extract $\rho_{3D} = (15.35 \pm 0.40)$ m$\Omega$·cm and $\rho_{2D} = (166 \pm 25)$ $\Omega$·cm for the fresh surface. The system was then exposed to a residual pressure in the $1 \times 10^{-9}$ Torr range (instead of the $2 \times 10^{-10}$ Torr in normal operation) for 5 days (denoted as aged surface). We repeated the same measurement after the chamber is back to the normal pressure and the temperature is back at 82 K, care being taken to measure the same sample area. As shown in Figure 4b, we can see a slightly higher contribution from a 2D channel now, as the best fit to eq 7 is achieved with $g = 40 \pm 7$, meaning that about $(2.4 \pm 0.4\%)$ of the conductance comes from the 2D channel. On the aged sample, we extract $\rho_{3D} = (14.81 \pm 0.40)$ m$\Omega$·cm and $\rho_{2D} = (132 \pm 20)$ $\Omega$. Thus, the surface conductivity is enhanced by about 20.5% on the aged sample, while the bulk conductivity is enhanced only by about 3.5% as compared to the fresh sample. The relatively larger error bar of the 2D conductivity makes the enhancement of the surface conductivity less certain. However, the increased conductivity in the aged sample is much less likely to come from the bulk. In comparison, Analytis et al.\textsuperscript{10} estimated the topological surface contribution to be around 0.1% of the conductance on Bi$_2$Se$_3$ at $T = 1.4$ K. Qu et al.\textsuperscript{31} found a contribution around 0.3% on Bi$_2$Te$_3$, at $T = 0.3$ K, and the highest quantitative value of 6% was reported by Ren et al.\textsuperscript{31} on Bi$_2$Te$_2$Se at $T = 1.6$ K.

To understand the difference between the fresh and aged Bi$_2$Te$_2$Se samples, we performed STM measurements to examine the structural and electronic properties of the surface under both conditions. Figure 4c shows a high-resolution STM image of the freshly cleaved surface, where the ordered triangular lattice is clearly resolved. The lattice constant is estimated to be 4.2 Å, consistent with the bulk value. The STM images taken on the aged surface show no obvious difference from those of fresh surface. However, a clear change in the local density of states (LDOS) is observed in scanning tunneling spectroscopy (STS) measurements that are performed on both surfaces in the same chamber and temperature as the transport measurements. Figure 4d shows the $(dI/dV)/(I/V)$ curves, each of which is averaged over multiple spectra to improve the statistics. On the fresh surface (black spectrum), the LDOS exhibits a characteristic V-shape near the Fermi level, with a clear dip at $-0.15$ V that can be assigned to the Dirac point of...
the topological surface states. On the aged surface (red spectrum), the Dirac point shifts down to \(-0.24\) V below the Fermi energy. The position of the Dirac point relative to the Fermi energy before and after aging is schematically illustrated in Figure 4ef. For the fresh surface, at about 0.15 eV above the Dirac point the Fermi level is in the bulk band gap, consistent with the Shubnikov-de Haas oscillation measurement on similar samples.\(^{32}\) After aging, at 0.24 eV above the Dirac point, the Fermi level moves closer to the bottom of the conduction band, indicating increased n-type doping. As a first order estimate of the doping, we convert these Dirac point values to charge-carrier concentration using the equation \(n = \frac{E_D}{\hbar^2/2m^*}\), where \(\hbar\) is the Planck’s constant divided by \(2\pi\), \(n\) is the carrier concentration, and \(\nu_F\) is the Fermi velocity \((\nu_F \sim 6 \times 10^5 \text{ m/s})\).\(^{33}\) The change of \(E_D\) from \(-0.15\) V to \(-0.24\) V yields an increase of n-type carriers from \(4.6 \times 10^{12} \text{ cm}^{-2}\) of the fresh surface to \(6.9 \times 10^{12} \text{ cm}^{-2}\) of the aged surface.

The gas doping effect on Bi\(_2\)Se\(_3\)/Bi\(_2\)Te\(_3\) surfaces has been extensively studied,\(^{34-36}\) and residual gases (H\(_2\), CO, CO\(_2\), and H\(_2\)O) in the UHV chamber are found to have an n-type doping effect on the surfaces of Bi\(_2\)Se\(_3\) and Bi\(_2\)Te\(_3\) after an extended period of exposure. While the doping effect increases the carrier density, the decrease in mobility due to doping is unlikely to cancel the effect. Consequently the conductance of the topological surface state increases with aging, explaining the observed 2D conductance enhancement in Figure 4b. Moreover, n-type doping leads to a downward band-bending, as depicted in Figure 4f. If the Fermi level moves above the bottom of the conduction band, a topologically trivial surface 2D electron gas will populate the triangular shaped quantum well. Such a quantum well state coexisting with the topological states further increases the 2D conductance on the aged surface. Indeed, a 2D contribution to the transport arising from additional carriers in opposition or in addition to the topological surface state has been reported in magnetotransport measurements on 3D TIs.\(^{13,37,38}\)

As a comparison with Bi\(_2\)Te\(_2\)Se\(_2\), we now study the conductance of Sb-doped Bi\(_2\)Se\(_3\). For a lightly Sb-doped sample, bulk electrical resistivity (Figure 5a) measured with a quantum design physical property measurement system exhibits a dopant activation temperature around 200 K with carrier concentration in the low \(10^{17} \text{ cm}^{-3}\) range, similar to that reported by Analytis et al.\(^{10}\) We performed four-probe measurements at 10 K, 82 K, and room temperature consecutively (measurement procedure described in the Method). Figure 5b shows the results obtained at \(T = 10\) K less than 18 h after cleavage (with \(s_{14} = 38.6 \mu\text{m}\)). On this freshly cleaved surface, we obtain \(g = 399\), which means that the surface conductance is only about 0.25% of the total conductance, consistent with estimate from Analytis et al.\(^{10}\) where the topological surface contribution was reported to be around 0.1% on Bi\(_2\)Se\(_3\) at \(T = 1.4\) K. Thus, the electronic transport is still 3D dominated. The corresponding bulk resistivity is extracted as 2.1 m\(\Omega\) cm. The surface resistivity is found to be 218.5 \(\Omega\) which is subject to a high uncertainty. After measurements at 10 K, the sample was warmed up to 82 K. During this process, the sample was exposed to a pressure in the range of \((2-9) \times 10^{-9}\) Torr for about 1 h which was then brought back to about \(2 \times 10^{-10}\) Torr for the measurement. At 82 K on the same sample area and the same probe spacing, we find \(g = 35\) (Figure 5c), indicating a much higher contribution (\(\sim 2.9\%\)) from the surface to the total conductance. The history of the measurement suggests that the enhanced 2D contribution may be associated with the additional carriers introduced by the aging effect, similar to the aged Bi\(_2\)Te\(_2\)Se\(_2\) sample. At room temperature (Figure 5d), no 2D contribution can be detected anymore due to the overwhelming 3D component out of the activated bulk carriers. We also note that the bulk resistivity values (Figure 5a) acquired on the entire sample are higher than those extracted from the local measurements on the surface.

To clearly identify conductance contribution of topological surface states, the effort so far has been focused on reducing the bulk contribution by improving the material quality or decreasing the sample thickness. Our analysis here highlights another aspect. We find that there is a detection window \(0.1 < g < 1000\) in order to probe the mixed contributions from the surface and bulk. Since \(g = \frac{\rho_{3D}}{\rho_{3D} + \rho_{14}}\) depending on the ratio of \(\rho_{3D}/\rho_{14}\) we can adjust the source probe spacing \(s_{14}\) to move \(g\) into the detection window, as schematically shown in Figure 6. This reinforces a fundamental rule of the four-probe transport measurement that the detection of a low surface conductance with respect to the bulk (high \(g\)) is achievable only at small dimensions \(s_{14}\) (low \(s_{14}\)) and vice versa. Indeed, in order to measure the small contribution to the transport from the surface, the lateral dimension of the investigated device (sample and probes) must be reduced. Lowering the source probe spacing \(s_{14}\) reduces the proportion of the current carried through the bulk (bulk carriers) and increases the measurement sensitivity to the current carried by the surface.

In the past, it has been popular in four-probe measurements to use a probe arrangement with an equidistant probe spacing either in collinear or square configuration and then acquire the resistance as a function of varying probe spacing. Considering a collinear arrangement with an equidistant probe spacing \((s_{14} = d)\), the eq. 7 becomes

\[
R = \rho_{3D} \times \frac{1}{\pi} \ln \left( \frac{g + 3}{\sqrt{g + 1.5}} \right)
\]
In the case of a pure 2D system, we have \( g = 0 \), and this equation gives the well-known result \( R = \rho_{2D}(1/\pi) \ln(2) \). However, for small but nonzero values of \( g \) with \( g = (\rho_{2D}/\rho_{14}) \), the resistance value obtained from eq 11 may differ by only a few percent even if \( s_{14} \) changes by several orders of magnitude. The narrow variation of the measured resistance as a function of the probe spacing can be mistaken as constant (a signature of 2D conduction) within the experimental noise particularly for small values of \( \rho_{2D} \) or \( s_{14} \). The same analysis also applies to an equidistant square configuration of probes. This could lead to an erroneous conclusion that the conduction is purely 2D even when there is still a significant contribution from the bulk.

In summary, we report a quantitative measurement of both surface 2D and bulk 3D conductance in topological insulators. The measurement is enabled by a new transport spectroscopy method which considers both the 2D and 3D conduction channels and their interactions. The method addresses the limitation of a widely adopted transport spectroscopy approach for an equidistant square configuration, the distances \( s_{ij} \) between the probes being determined from the SEM images, as schematically shown in Figure 1. For a complete set of measurements, the voltage probes are first connected near the source probes (\( \sim 2 \mu m \) away for \( s_{14} \approx 40 \mu m \)) and then moved step by step toward the center of the investigated area, while the positions of the outer source probes are usually fixed.

Special effort has been made to maintain UHV conditions in order to preserve the integrity of the topological surface states. Theoretical calculations showed that the TI surface properties can change when contacting with large metallic contacts leads due to hybridization with the metallic states. In our setup, we use STM tips as in situ electrical contacts, which can keep the influence of the metal on the topological insulator as small as possible due to the reduced contact area compared with the usually applied ex situ contacting methods, like adding Ag paint or sputtered contact pads.

Sample Preparation. Bi\textsubscript{2}Se\textsubscript{3} bulk single crystals were synthesized by modified Bridgman method. The as-grown Bi\textsubscript{2}Se\textsubscript{3} is n-doped with the Fermi level located in the conduction band. The high-quality Bi\textsubscript{2}Te\textsubscript{2}Se single crystals were synthesized by the Bridgman technique, similar to those previously reported. Sb-doped Bi\textsubscript{2}Se\textsubscript{3} crystals are prepared with a Bridgman method as reported by Analytis et al. Briefly, a 3 g boule was made by melting together Bi, Se, and Sb in the molar ratio S:2:130:7 at 750 °C for 6 h in a silica tube that had been evacuated and refilled with 1/6 atm argon. The melt was cooled at 1.8 °C/h from 750 to 400 °C, held at this temperature for 100 h, then cooled to room temperature with the furnace power turned off.

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**Notes**

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